

#### Greetings everyone,

We are happy to publish our fourth newsletter and hereby share with you our experiences, plans, team innovations and more!

The beginning of September means both starting a new season and new beginnings. We hereby present to you the 4th version of our Student Newsletter.

### Word from the President

Dear SPOTeurope community,

We at SPOTeurope have had a few busy months with SPOTinars, SPOTweek, CALOHEE, ENOTHE Annual Meeting in October at Oviedo this year, and the first OT Europe Congress.

We are still providing you more and different international experiences and we hope to continue doing so and improving on it. But of course, this is only possible because of your support and enthusiasm. With the busy period that is coming for us board, we are now looking for an amazing academic year with new online, international activities for you.

I would like o remind you that we are looking for a new Student Board Member, if you are part of a miniSPOT, student representative or sounding board and would like to take part in SPOT and ENOTHE's board this is the opportunity for you!



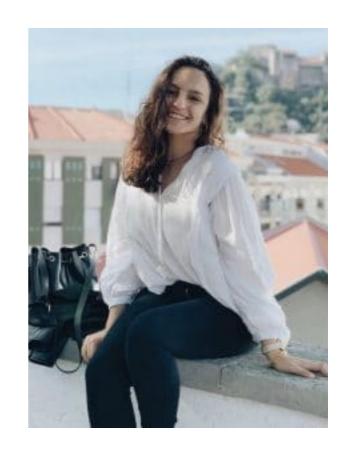


#### Word from the President

With this said, we are saying goodbye to one of our board members because she graduated and took on professional projects.

On behalf of the board, I would like to thank Vanessa Rozalina for all her work and dedication torwards SPOTeurope community.

Best wishes, Bruna Bastos President of SPOTeurope







## ★★ SPOTEurope's Newsletter ★★<sub>15.09.23</sub>



Changes in the board

We would love to introduce to you our newest members and the changes we had inside the board:

Bruna Bastos, our previous events coordinator, now continues her role as president of SPOTeurope



Kira Hansman, our previous blogger, currently holds her role as events coordinator







# ★★ SPOTEurope's Newsletter ★★<sub>15.09.23</sub>



Changes in the board

Aleyna Kayım joined the team and currently continues her role as a blogger.



Angela Palacios joined the team and currently maintains her role as social media coordinator.





• A bit of an insight

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For 7 days, the board of SPOTeurope joined together in Alicante, Spain during the month of August for a Face to Face Meeting. This consists of stepping out of the online working system and debating in a presencial matter about certain topics, like the future of SPOT, the mini SPOTs, and other projects to come. We were deeply connected not only as four members of SPOTeurope, but also as great friends!

-Outreach Coordinator



### • A bit of an insight

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As one of the two student representatives in the current TUNING process, which focuses on revising the learning outcomes in OT at BSc, Msc and PhD levels, I had the opportunity to travel to Madrid for a meeting. One part of the TUNING task force for OT, organized by ENOTHE, met for three productive days on the campus of UNED Madrid. Working with OT professors from all over Europe has been a great experience since the beginning of this CALOHEE tuning project in 2022.

Many thanks to ENOTHE for making it possible for me to participate in such a great working group and project!

-Events Coordinator



## SBM Updates

This marks the second consecutive year of the student board member's tenure, serving as an integral part of both ENOTHE and SPOTeurope.

• Her role this year focused on creating opportunities for students to collaborate and connect with ENOTHE and participate in ENOTHE projects, such as the Tuning Task Force (Calohee), both live in Madrid and also via online with other OT lectures across Europe.

Each Student Board Member (SBM) serves a two-year term, making this the final year for Vanessa Rozalina in her role as a student board member for both ENOTHE and SPOTeurope.

• During the remaining weeks of her tenure, Vanessa will continue to work on the Tuning Task Force project alongside the event coordinator, Kira. She will also assist in organizing the student workshop for the ENOTHE Annual Meeting 2023, set to be held in Oviedo. Additionally, Vanessa is playing a crucial role in launching the first SPOTeurope Podcast, taking charge of its setup, editing, and launch.



Looking ahead, the month of October will feature a Town Hall Meeting where the next SBM will be elected for the upcoming two-year period.

It's important to note that SBMs are elected by the SPOTeurope board, and eligibility for the position requires registration as an Occupational Therapy student at an ENOTHE member institute.

Stay tuned for more information!



MiniSPOTs, Sounding Board / representatives

### Mini SPOT Belgium MsC

This year, master's students Nikki van Broeck and Vicky van Velde founded Mini SPOT Belgium MsC.

#### **SPOT Zuyd**

At the international afternoon event on March 9, organized by SPOT Zuyd, different mini-spots were invited to share about the OT study program and the cultural differences that influence the area of OT.

### Mini SPOT Vienna and Mini SPOT Prague

They hosted a webinar together in May, with the topics being: studying in Austria and the Czech Republic, internships, and workplaces concerning OT.

Mini SPOT Prague also did many events, including the lecture about palliative and end-of-life care- an interdisciplinary approach in June



#### Mini SPOT Hacettepe

Mini SPOT Hacettepe organized three events included in the Speaking Club, as well as a webinar with a special guest speaker, discussing the journey at Brunel University London.

#### **SPOTgr**

SPOTgr in Greece hosted a wheelchair basketball game simulation with students in their university, as well as a film projector group session, but with a twist.

If you wish to know more about each event, it was all shared on their social media! Stay tuned for upcoming events from the mini SPOTs!



#### **MiniSPOT Meeting**

In addition to the mini SPOTs matter, the 3rd edition of the mini SPOT Gathering was held in March, having the participation from three different mini SPOTs- MiniSPOT Belgium MSc, Georgia, and Vienna.

#### **Sounding Board**

Three of SPOT's Sounding Board members recently published a blog post on its website, approaching topics such as practical tips for working with patients with mental health problems, for transitioning from a student to an OT, and the place of empathy in rehabilitative processes.

Moreover, with SPOT's new website layout almost coming, we invited the SB to conduct interviews with OTs, addressing various fieldwork areas of intervention of the guests' specialization.



### • SPOTinars

In these months we hosted 2 different SPOTinars:

1- "Global Challenges, Local Occupational Solutions" by Hanneke van Bruggen

2-"Autism & OT" by Richard Furbush

If you missed them you can read the summaries on our website (https://www.spoteurope.eu/summary-diversity-in\perceptional-therapy/)

We continue to plan future SPOTinars, stay tuned on social media and on our website for the latest updates!



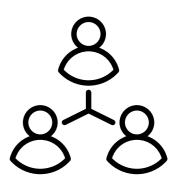
## • UNAEE, BLV

During this year, we also had the pleasure of restoring some partnerships, such as the UNAEE (French OT Association of Students).

In relation to students' associations, SPOT had the amazing opportunity to establish yet another partnership with BLV (German OT Association of Students).

We are thrilled to have such big associations working alongside us and how we can all help represent OT in each country and Europe-wide.





### ENOTHE Annual Meeting

We look forward to the ENOTHE Annual Meeting, whose preparation is ongoing, and where our president Bruna Bastos, and event coordinator Kira Hanßmann will present the student keynote on "The role of OT students in higher education".

Also, we are now continuing the preparations for the workshop we are conducting jointly with the students of the Faculty Padre Ossó. Furthermore, we are continuing the preparations for the SPOT pitch, where we will talk and explain SPOTeurope in more detail.

We look forward to mentioning our experiences in the next newsletter!

### • SIMBA Project

We are happy to share with you that we were invited to attend the first meeting as part of the external committee of the SIMBA project, which aims to develop a toolbox that allows organizations to apply simulation-based learning (SBL) and SBL assessment at all stages of occupational therapy training.



A preliminary meeting was held on the process, guidelines, project progress and mutual expectations and more. As SPOTeurope, we are very happy to take part in the meetings to be held every 6 months.

### POSTDAM Presentation

In April, we made our SPOT introduction presentation for students in Postdam, Germany. We explained to the students the history of SPOTeurope, our missions and visions, the activities and projects we have done and planned to do, and much more.

We value the activities in which we share information by interacting with each other, and we will continue to work for more!



### Journal Club

We had our 1st journal club in April, and we had an efficient meeting at our first meeting. We aim to engage more people in the future and create a dynamic environment to discuss the topics we bring. We believe that the existence of the club is valuable for both our personal and academic development and we continue the development process.

Stay tuned for future journal club meetings!

### • CALOHEE

CALOHEE tuning launched a new tuning process in European higher education in 2022. And OT is a part of that. The competencies that students should have achieved with their B.Sc, M.Sc and PhD degrees are being revised by a tuning task force organised by ENOTHE.

Two of our members from the SPOTeurope board attend regular monthly meetings as part of the process and follow the developments.



### • SPOTWEEK

July 24: We started the first day with our Journal Club meeting.

July 25: The second day was reserved for the miniSPOTs and Sounding Board joint meeting. In this way, a space was created for the participants to interact with our members.

26 July: On the third day, we continued with our joint Instagram live broadcast with ENOTHE. We talked about ENOTHE and its importance from the OT perspective, with key questions including what is ENOTHE, what are their missions and visions, and more.

27 July: On the fourth day, SPOTeurope's board met with the participants and a general meeting was held about roles and duties.

28 July: The fifth day and the last event of the week was an interesting and informative Occupational Therapy Quiz conducted on Instagram, these questions sought answers to questions such as the role of OT in various countries, similarities and differences.



### • F2F Meeting

In August 2023, SPOTeurope's Face to Face (F2F) meeting was held in Alicante, hosted by our Social Media Coordinator Angela. On the occasion of F2F, our President, Event Coordinator, Social Media Coordinator and Outreach Coordinator had the opportunity to meet face to face, although other members could not attend physically, various online meetings were held throughout the process.

As the Board, we had a pleasant time and had the opportunity to discuss the current situation and our future plans in detail.

We cant wait for our next year's F2F!





## ★★ SPOTEurope's Newsletter ★★<sub>15.09.23</sub>





Save the date

#### Dates in 2023

September 23rd - Town Hall Meeting

October 26th - Start of the ENOTHE Annual Meeting

#### Dates in 2024

October 15th - Start of the 1st Occupational Therapy Europe Congress

If you want to know more about one or more events you can websiter visit our via this https://www.spoteurope.eu/events/ or by emailing our events coordinator at: events@spoteurope.eu



### • Stay in touch

We always love to hear from you, so if you have any questions, information about local events or personal experiences that you would like to share, we are more than excited to receive your email. You can contact us by emailing us at these addresses:

General: info@spoteurope.eu

President: president@spoteurope.eu

Outreach Coordinator: outreach@spoteurope.eu

SBM: studentboardmember@spoteurope.eu

Event Coordinator: events@spoteurope.eu

Social Media: socialmedia@spoteurope.eu

Blogger: blogger@spoteurope.eu

General Board Member: general@spoteurope.eu



# Be a part of our community

You can always be a part of SPOTeurope by becoming a representative, creating a miniSPOT on your campus or becoming an international ambassador. For more information on how to do so, feel free to email our Outreach Coordinator (outreach@spoteurope.eu), Megan, who is more than happy to help you out!

### Further notes

We will be publishing our Newsletter twice a year. The next publication date is the 15th of February.

