



***Greetings everyone,***

We are very excited to publish our third Newsletter and share with you our experiences during insightful events, congresses, and of course, fill you in on the board changes and many more!

Seeing how supportive and active you all are makes us work hard to provide daily content, connect you with your favorite OT people, and last but not least carry over your voice to bigger organizations that can and are making systemic changes!

For that we thank you and we want to take a moment to show you our appreciation through this publication!

- Word from the President

*Dear All,*

*We at SPOTEurope have had a few busy months with ECOLE, the ENOTHE-COTEC Congress, and our annual meeting. And as they say, hard work pays off! We were able to provide all of you with more international experiences and we hope to continue doing so. But of course, this wouldn't have been possible without the support and enthusiasm from all of YOU. With the busy period behind us, we are now looking forward to an academic year with new online, international activities for you and are busy planning our next SPOTinars. We are very much looking forward to 'seeing' you all there!*

*Unfortunately, we had to say goodbye to some of our board members because they graduated and took on other projects. On behalf of the board, I would like to thank Cassandra, Vanessa, and Emmanuela for all their work and dedication.*

*On behalf of SPOTEurope,  
Best wishes,  
Julie Valckx  
President of SPOTEurope*



- A bit of an insight

“ This is probably the last newsletter I will be publishing as SPOT's blogger and the whole procedure is one of the parts I will be missing the most! ”

- Blogger

“ I enjoy collaborating with SPOT Prague and ENOTHE to work on a student program around the virtual COTEC-ENOTHE congress and I hope to collaborate with more conferences for students in the future! ”

- SBM

Did you know?

In the last 6 months there have been 7 board changes!



- Changes in the board

We have some exciting news to announce!

*Julie Valckx, our once vice-president  
has now become our president  
replacing Cassandra Christianen!*



*Megan Zina recently joined our board  
and is now occupying the role of the  
outreach coordinator!*





*Vanessa Rozalina also joined our board quite recently and after occupying the role of the social media lead she became our Student Board Representative!*



As you may remember from our previous newsletter we were looking forward to conducting our scheduled Town Hall meeting and among other things elect our Student Board Meeting. Following the procedures mentioned both in our previous newsletter and on our page (<https://www.spoteurope.eu/mission-vision/>) Vanessa was elected as our current SBM, occupying both a position on our board and on ENOTHE's as well!

Next up we will be briefly informing you about the Town Hall meeting itself!



- Town Hall meetings

Seeing that the first-ever Town Hall meeting we conducted was so successful and the feedback we received was very insightful we only thought it would be fair to not only consistently conduct them but also include important procedures. One of which is the SBM election!

After talking about the board and what the SBM's role is Vanessa introduced herself as a candidate willing to work hard with both us and ENOTHE. It was amazing to see that she was elected unanimously!

Therefore, having finished with that procedure we wanted to give the word to students, representatives, or members of miniSPOTs to express worries, wishes, and anything they would like.

There were a lot of interesting subjects starting with the communication between students and us, SPOTEurope, and the difficulties this might have. It was lovely to see how supportive and encouraging everyone was for the people that had joined us for the first time!



Later on, there was adequate discussion about master's programs, internships, self-development as a course and its importance (one of our favorite topics), and all about community work and how it differs from country to country.

It was, once again, an amazing experience for us, both as a board and as members of this rapidly developing platform! We would love for more and more students and teachers to join us (both old and new!) so we could share our problems, experiences, and laughs!

Stay tuned and follow us on social media to learn about the date of our third Town Hall meeting. We would love to see you there!



- MiniSPOTs /  
representatives

## Mini SPOT Hacettepe

Mini Spot Hacettepe organized an occupational therapy symposium to celebrate World Occupational Therapy Day. SPOTEurope was there to talk about internationalization amongst students and the different options there are!

## Mini SPOTs Prague

Mini SPOT Prague decided to celebrate World Occupational Therapy Day via their social media where you can see posted the work of its new members! Since this year's topic was "Belong. Be you." they took the initiative to announce an ERGOHOST event regarding mental health sooner than later. The event is going to be in English and online, so be sure to follow them on Facebook, Instagram, and/or Twitter to find more about it!

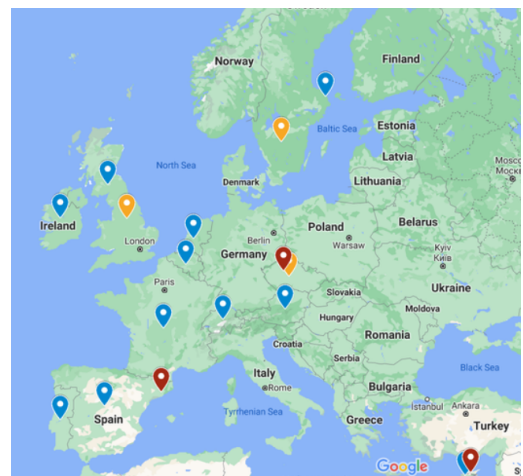


- Summer Course

From the 12th-15th of July 2021, the first ENOTHE Student Summer Course took place online. The topic was: Digital Perspectives on Occupational Therapy Education. Students all over Europe (Bachelor and Master) took part in the course and two of our board members, Bruna and Vanessa, and SPOT Prague was also rounding up the program with SPOTEurope input and campaigns around!

The 2021 ENOTHE Student Summer Course was a very enriching experience for all involved! A huge thank you to the host universities, European University Cyprus (Cyprus), Charles University in Prague (Czech Republic) and EUIT - University College of Nursing and Occupational Therapy of Terrassa, Barcelona (Spain), the ENOTHE Board Members, all invited lecturers and all participating students for this fruitful time!

We learned a lot about telerehabilitation, digitalization, ethics in a digital world, occupational justice, research,... All of that was finalized with great group works.





Looking forward to upcoming ENOTHE Student Summer Courses and active collaboration together with the ENOTHE board and host universities. In case you have topics on that you think future Student Summer Courses should be hosted, please let us know ([studentboardmember@spoteurope.eu](mailto:studentboardmember@spoteurope.eu)).

If you are interested in participating in an upcoming course, we are more than happy to update you about it on our social media accounts and via our E-Mail network!



- 2nd COTEC - ENOTHE congress

For this part, we decided to let miniSPOT Prague have the spotlight since it was one of the core teams involved in the organization!

"COTEC-ENOTHE Congress 2021 was most of all a great experience and we are really lucky that we, as students, were able to be part of it. When we first met Vanessa in Prague in 2019, we would never imagine that traveling would be this hard, but we are OT students and we always find our unique way! Connecting and co-planning were easy despite it taking place via online platforms and not face-to-face.

Organizing the pre and post-congress sessions was without a doubt hard and demanding, but also inspiring and meaningful. The communication and planning worked out pretty well and we are very proud that we were able to create the "how to survive a virtual congress" videos together as well as the sessions around the congress.



We felt like we were able to create something new! In the beginning, we had a vision of connecting the students and letting them know that they are not alone in the world of the international congress. We cooperated together to create a safe place to share and I think we succeeded. Whenever anyone came with an idea, they were heard and included in the plan, no matter how crazy the idea was.

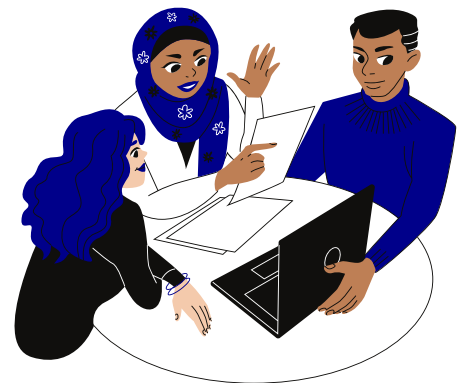
Working together with inspiring people is always a pleasure and it helps us grow in every way. Collaborating with SPOTEurope was no exception and we sincerely thank you for creating such a great working atmosphere. For most of us, it was really the first time being on such a huge congress or even any congress at all. Even though it was held online we think there was a great atmosphere. Sometimes we needed strong nerves due to bad connections or other difficulties, but we always had each other's backs and were able to share our struggles. The post-congress was exceptionally special to us for we could share, discuss and reflect on this very enjoyable online congress.



## • SBM Updates

This year, the student board member has been working with ENOTHE to achieve the following goals:

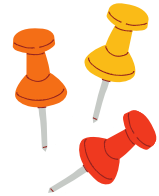
- Connecting OT students across Europe.
  - This has been accomplished through assisting other universities to create MiniSpots.
- Collaboration between ENOTHE and OT students.
  - This has been done through attending ENOTHE Board meetings and collaborating with SPOTprague to prepare for the COTEC-ENOTHE Congress 2021 in Prague.
  - ECOLE - Involvement in Think thank & ENOTHE student summer course and sharing keynotes with ENOTHE.





- Save the date

## Dates in 2021



December 1st - SPOTEurope's Student Session

## Dates in 2022

August 28th - 31st - WFOT congress in France

Annual ENOTHE Meeting in Georgia

If you want to know more about one or more events you can either visit our website via this link: <https://www.spoteurope.eu/events/> or by emailing our events coordinator at: [events@spoteurope.eu](mailto:events@spoteurope.eu)

Stay tuned for we are organizing a lot of SPOTinars these next months!





- Stay in touch

We always love to hear from you, so if you have any questions, information about local events or personal experiences that you would like to share, we are more than excited to receive your email. You can contact us by emailing us at these addresses:

General: [info@spoteurope.eu](mailto:info@spoteurope.eu)

President: [president@spoteurope.eu](mailto:president@spoteurope.eu)

Vice president: [vicepresident@spoteurope.eu](mailto:vicepresident@spoteurope.eu)

Outreach Coordinator: [outreach@spoteurope.eu](mailto:outreach@spoteurope.eu)

SBM: [studentboardmember@spoteurope.eu](mailto:studentboardmember@spoteurope.eu)

Event Coordinator: [events@spoteurope.eu](mailto:events@spoteurope.eu)

Social Media: [socialmedia@spoteurope.eu](mailto:socialmedia@spoteurope.eu)

Blogger: [blogger@spoteurope.eu](mailto:blogger@spoteurope.eu)



- Be a part of our community

You can always be a part of SPOTEurope by becoming a student representative, creating a mini SPOT on your campus or becoming an international ambassador. For more information on how to do so, feel free to email our Outreach Coordinator ([outreach@spoteurope.eu](mailto:outreach@spoteurope.eu)), Megan, who is more than happy to help you out!

- Further notes

We will be publishing our Newsletter twice a year. The next publication date is the 1st week of May.



Thank you for being a part,  
The board of SPOTEurope