

### Greetings everyone,

It has been almost 6 months since the publication of our first newsletter and a lot of things have happened since then! We are very excited to be in the position to share all our news with you and we have two special announcements to make, so keep reading and you will find out!

Thank you, once again, for being so active and we love to see you engaging in our events and even more when we see you taking initiatives and organizing your own.

We are very proud of what both we and you have grown into this far!



### Word from the President

Dear SPOTeurope members,

It is already the second time SPOTeurope is sharing its newsletter and it comes with great pleasure that we can share new events and updates with you.

Over the months SPOTeurope has focused more and more on online events in order to give more students access to international experiences.

We have received many positive reactions to this which is wonderful to read. Thank you for that, without YOU these events cannot take place. We strive to organize them every two months; please email events@spoteurope.eu if you would like to receive updates regarding our events.

Looking forward to "seeing" you there!

Best wishes, Cassandra President of SPOTeurope







• A bit of an insight

I have been in contact with a lot of people that wanted to share their OT fieldwork experience and the stories have been really inspiring! Stay tuned to find out. - Blogger

I enjoy collaborating with SPOT Prague and ENOTHE to work on a student program around the virtual COTEC-ENOTHE congress.

- SBM



Did you know?

We have reached 4223 followers on all our social media platforms!



Changes in the board

We have some exciting news to announce!

Julie Valckx, our event coordinator is moving up by becoming our vicepresident replacing Natalie Pickering



Bruna Bastos, our current social media lead has taken on the role of the event coordinator as well!

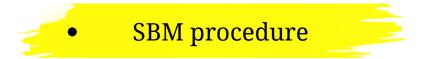


Bruna is currently occupying two board positions but will soon free the social media role, meaning we will be needing someone to cover this position! Following, later on, we will be saying our goodbyes to Vanessa, our current SBM, since she will graduate from her Masters soon!



Vanessa's withdrawal officially signifies that the position of both SPOTeurope and ENOTHE's board, the Student Board Member, will be open, and *(another) one of you* will become the link between students and ENOTHE!

We, as SPOTeurope, along with our mini SPOTs and representatives have prepared well for this board change thus presenting to you the agreement on the SBM (election) procedure!



Following this link (https://www.spoteurope.eu/mission-vision/) you can read the finalized version of the rules of procedure that we will follow for the election of the new Student Board Member.

After reading the rules and if you are interested, you can read more about the position by clicking on this link (https://www.spoteurope.eu/vacancies/), leading you to our vacancy!







# ★★ SPOTEurope's Newsletter ★★<sub>03.05.21</sub>

This document is the outcome of hours of both meetings within the boards and during our Town Hall meeting, which we will introduce to your in our next topic!

### Town Hall meetings

We are very proud to introduce to you another procedure we chose to follow to have more quality feedback from you, the Town Hall meetings! These were the outcomes of 2 hours of brainstorming with our mini SPOTs, representatives, and fellow students during an ordinary meeting we had. The decision leading to the establishment of the Town Hall meetings came from our determination to find more suitable ways to approach students, listen to them, and therefore bring their perspectives into ENOTHE's board.

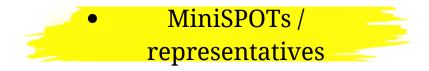
During these, we, SPOTeurope, meet with our mini SPOTs to collectively gather information about topics, events, and procedures, hence the SBM procedure mentioned earlier! Besides the organizational part, we really want and need to hear students' perspectives, experiences, and what they are up to at the moment since it can be very enlightening in a lot of aspects.



Therefore we organized the first meeting on the 17th of February of 2021 where we received feedback on vital topics and we also got to see the students presenting themselves and their miniSPOT and sharing problems and solutions to creating and sustaining one.

The most inspiring and heartwarming part was us not having to lead the conversation. Even though it sounds a little plain we gratefully enjoyed everyone connecting and sharing their experiences, after all this hard work everyone has been on it was very rewarding to experience such a connection and initiative.





#### **Mini SPOT HvA**

Mini Spot HvA teamed up with our International Ambassadors from Western U (Canada) and organized a meeting for OTs and OT students worldwide! It comprised an activity regarding cultural competence in OT and international perspectives. With OTs from Canada, the Netherlands, England, Belgium, Croatia, Lithuania, Hong Kong, Ireland, and France, the meeting was constituted of 52 participants!

### Mini SPOTs Prague

Mini SPOT Prague has started organizing events called "ErgoHost" which are led by experts of multiple professions (not only OTs) with the first one being on the 9th of March, 2020, and the second one on the 18th of March, 2021. The topics of the first one was "Occupational therapy in Mental hospital Bohnice and the use of mindfulness in personal and professional life" and "Practical psychology in working with patients". Even though the latter event had to be online, its theme "Occupational Therapy in prison, a tale of two countries" caught the eye of 167 participants!



But this was only the start for mini SPOT Prague since they have officially registered to the Association of Occupational therapy Students, contributed to the Czech Association of Occupational Therapists' Newsletter, and have co-hosted tons of online events with fellow mini SPOTs!

#### Mini SPOTs ZUYD

Mini SPOT ZUYD did not miss a chance to plan its own event as well, called "SPOTlight" which is dedicated to putting a country in the spotlight each month! They publish a poster to share information about the healthcare, culture, and OT in that country. They fancy making quizzes as well for it to be more interactive and enjoyable to learn about, so you might not want to sleep on this one!

### **Recently created Mini SPOTs**

- Mini SPOT ESSLei Portugal
- Mini SPOT LMSU Lithuania
- Mini SPOT UOWM Greece
- Mini SPOT OLOMOUC Flanders

You can always follow them on social media to see what they are up to!





Following our online meetings, we would love to say that we successfully continue to host your all-time favorite, **SPOTinars!** 

During the six months that have passed from the publication of our first Newsletter, we have hosted three SPOTinars:

- 1) "Systematic Racism" by Frank Kronenberg
- 2) "COPILOT" by Elisabeth Fattinger and Liliya Todorova

If you missed them you can always read the summaries on our website (https://www.spoteurope.eu/summary-diversity-in-occupational-therapy/)

We are also organizing the second part of Frank's "Systemic Racism" SPOTinar which will take place on the 12th of May! If you want to sign up you can visit our site (https://www.spoteurope.eu/event/spotinar-ot-in-2020/)



## • Summer Course

There has been a task force developed that consists of ENOTHE Board Members, members from three different universities (the European University Cyprus, Charles University in Prague and EUIT-University College of Nursing and Occupational Therapy of Terrassa, Barcelona), Julie (former event coordinator, now vice-president) and Vanessa (Student Board Member) with the purpose of developing the first ENOTHE Student Summer Course.

The aim is to offer students skills and knowledge on digital and innovative solutions relevant to practicing as an occupational therapist. *Topic: "Digital perspectives on Occupational Therapy education"* 

After receiving this request from many students we could not help but spread the word to ENOTHE and be a part of its making. We love to see everyone's absolute dedication but we cannot be more thankful for you, students, as this would not have been possible without your determination and innovation.

Thank you for always being present and making everything look and be possible!



For further details and updates take a look at ENOTHE's website by following this link: https://enothe.eu/e-c-o-l-e-enothe-center-for-learning-exchange/student-spring-summer-course/

### **NOTES**

Date: 12th-15th July 2021

Course language: English

Course modality/hours: online,

direct: 25h, indirect: 5h

Tuition: Early registration: 50 €

(ENOTHE member institution)

60€ (non-member)

Late registration: 75€

85€ (non-member)



### **2nd COTEC - ENOTHE congress**

For the last event of this newsletter, we decided to share the 2nd COTEC - ENOTHE congress!

As you might already know, the next COTEC-ENOTHE congress will be virtual. So even if you would not be able to travel, you can easily join it from home. If you have not registered yet, here you can: <a href="https://www.cotec-enothe2021.com/registration/">https://www.cotec-enothe2021.com/registration/</a>

Together with a task force (from SPOT Prague, our president Cassandra, event coordinator Bruna, and SBM Vanessa) we are working on a student program around the congress.

Even if not face-to-face, students will have plenty of chances to get in contact with others around the world in advance, in between, and afterward - with the aim of getting to know each other, feeling prepared and supported, but also to show the learned experiences afterward. So keep yourself filled in about our updates on that and we are looking forward to "see" you there!









### **SBM Updates**

All of the above is possible due to you reaching out to us and always be determined to bring changes for the betterment of education.

For this, Vanessa (SBM) is currently playing an important role in providing students' input into the ENOTHE Think Tank, ENOTHE strategy plan (that is currently in development), and the planning for the next ENOTHE AM in Georgia 2022.

In order for her to do so, she needs your insights regarding the future development of OT education and ENOTHE.

Feel free to reach out to her via email: studentboardmember@spoteurope.eu











Save the date

#### Dates in 2021



- Mobility week, Stockholm May 3rd - 7th

- SPOTinar: Systemic Racism in OT (2) May 12th

July 12th - 15th - Summer course

September 17th - 18th - 2nd COTEC - ENOTHE congress

#### Dates in 2022

March 27th - WFOT Congress 2022

If you want to know more about one or more events you can either websiter visit via our this https://www.spoteurope.eu/events/ or by emailing our events coordinator at: events@spoteurope.eu





## Stay in touch

We always love to hear from you, so if you have any questions, information about local events or personal experiences that you would like to share, we are more than excited to receive your email. You can contact us by emailing us at these addresses:

General: info@spoteurope.eu

President: president@spoteurope.eu

Vice president: vicepresident@spoteurope.eu

Outreach Coordinator: outreach@spoteurope.eu

SBM: studentboardmember@spoteurope.eu

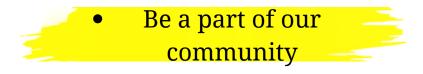
Event Coordinator: events@spoteurope.eu

Social Media: socialmedia@spoteurope.eu

Blogger: blogger@spoteurope.eu



# ★★ SPOTEurope's Newsletter ★★<sub>03.05.21</sub>



You can always be a part of SPOTeurope by becoming a student representative, creating a mini SPOT on your campus or becoming an international ambassador. For more information on how to do so, feel free to email our Outreach Coordinator (outreach@spoteurope.eu), Emma, who is more than happy to help you out!

### • Further notes

We will be publishing our Newsletter twice a year. The next publication date is the 1st of November.



Thank you for being a part, The board of SPOTeurope